

1%/Fat Free Lactose Free Milk

Allowed

Brand	Fat Content	Size
Essential Everyday	Fat Free	Half Gallon
Food Club	Fat Free	Half Gallon
Great Value	Fat Free	Half Gallon
Kroger	Fat Free	Half Gallon
Lactaid	Fat Free	1 Quart
Lactaid	Fat Free	Half Gallon
Lactaid	Fat Free	3 Quart
Lucerne	Fat Free	Half Gallon
WinCo	Fat Free	Half Gallon

Brand	Fat Content	Size
Essential Everyday	1%	Half Gallon
Great Value	1%	Half Gallon
Kroger	1%	Half Gallon
Lactaid	1%	1 Quart
Lactaid	1%	Half Gallon
Lactaid	1%	3 Quart
Lucerne	1%	Half Gallon
WinCo	1%	Half Gallon



Essential Everyday



Food Club



Great Value



Kroger



Lactaid



Lucerne



WinCo



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Kroger	Fat Free	Half Gallon
Lactaid	Fat Free	1 Quart
Lactaid	Fat Free	Half Gallon
Lactaid	Fat Free	3 Quart
Lucerne	Fat Free	Half Gallon
WinCo	Fat Free	Half Gallon

Brand	Fat Content	Size
Essential Everyday	1%	Half Gallon
Great Value	1%	Half Gallon
Kroger	1%	Half Gallon
Lactaid	1%	1 Quart
Lactaid	1%	Half Gallon
Lactaid	1%	3 Quart
Lucerne	1%	Half Gallon
WinCo	1%	Half Gallon



Essential Everyday



Food Club



Great Value



Kroger



Lactaid



Lucerne



WinCo



2% Lactose Free Milk

Allowed

Brand	Size
Essential Everyday	Half Gallon
Food Club	Half Gallon
Freedom's Choice	Half Gallon
Great Value	Half Gallon
Kroger	Half Gallon
LaLa	UHT 1 Quart
Lactaid	1 Quart
Lactaid	UHT 1 Quart
Lactaid	Half Gallon
Lactaid	3 Quart
Lucerne	1 Quart
Lucerne	Half Gallon
Parmalat	UHT 1 Quart
WinCo	Half Gallon



Essential
Everyday



Food Club



Freedom's
Choice



Great Value



Kroger



LaLa



Lactaid



Lucerne



Parmalat

WinCo



2% Lactose Free Milk

Allowed

Brand	Size
Essential Everyday	Half Gallon
Food Club	Half Gallon
Freedom's Choice	Half Gallon
Great Value	Half Gallon
Kroger	Half Gallon
LaLa	UHT 1 Quart
Lactaid	1 Quart
Lactaid	UHT 1 Quart
Lactaid	Half Gallon
Lactaid	3 Quart
Lucerne	1 Quart
Lucerne	Half Gallon
Parmalat	UHT 1 Quart
WinCo	Half Gallon



Essential
Everyday



Food Club



Freedom's
Choice



Great Value



Kroger



LaLa



Lactaid



Lucerne



Parmalat

WinCo



Whole Lactose Free Milk

Allowed

Brand	Size
Essential Everyday	Half Gallon
Food Club	Half Gallon
Great Value	Half Gallon
Kroger	Half Gallon
Lactaid	UHT 1 Quart
Lactaid	Half Gallon
Lactaid	3 Quart
Lucerne	1 Quart
Lucerne	Half Gallon
WinCo	Half Gallon

Whole Lactose Free Milk

Allowed

Brand	Size
Essential Everyday	Half Gallon
Food Club	Half Gallon
Great Value	Half Gallon
Kroger	Half Gallon
Lactaid	UHT 1 Quart
Lactaid	Half Gallon
Lactaid	3 Quart
Lucerne	1 Quart
Lucerne	Half Gallon
WinCo	Half Gallon

