

Changes to the Approved Food Booklet 2022-2023 Effective October 1, 2022

Cheese

Added:

- Shredded, sliced, cubed, and stick or string cheese

Eggs

Added:

- Cage free and brown eggs

Cold Cereal

Added:

- Grain Berry Cereal – Original Toasted Oats, Apple Cinnamon Toasted Oats, Bran Flakes, Cinnamon Frosted Shredded Wheat



- Honey Bunches of Oats – Cinnamon Bunches



Removed:

- Kellogg's Kashi Hearts & O's – Honey Toasted, Warm Cinnamon



Hot Cereal

Added:

- Quaker – Instant Oatmeal, Instant Grits (Original, Butter, Cheddar Cheese, Country Bacon, Variety)
- 9.8 oz size now allowed for Quaker



Peanut Butter

Added:

- Smuckers, Peter Pan




Chunk Light Tuna or Jack Mackerel

Added:

- 5 oz pouches
- May include bones or skin
- Regular or lower sodium
- May include flavorings (lemon, herbs, broth)

Infant Cereal

Added:

- Beechnut – Corn 

Infant Fruits and Vegetables

Added:

- Gerber – Organic 
- Beechnut – Organic 
- Tippy Toes – Organic 
- O Organics 
- Earth's Best Organic 
- Simple Truth Organic 
- Happy Baby Organics 

Infant Meats

Added:

- Earth's Best Organic 


Whole Grain Bread

Removed:

- Nature's Own – 100% Whole Wheat with Honey 




Tortillas

Added:

- Guerrero – Whole Wheat 

Yogurt – Reduced Fat/Low-Fat/Non-Fat

Added:

- Pouches and tubes
- LaLa 
- Yoplait Go-Gurt 
- Liberte 


Yogurt – Whole Fat

Added:

- Liberte 

Juice 12 oz Frozen Juice Concentrate (Women)

Added:





- Langers – Winter Blend, Spring Blend, Summer Blend, Autumn Blend, Pineapple, Grape, Apple, Orange Juice 

Removed:

- Old Orchard – Pineapple Orange Banana, Black Cherry Cranberry 

Juice 64 oz (Children)

Added:

- Apple & Eve – Elmo & Abby Mango 
- Welch's – Orange Pineapple & Apple 
- Great Value – Pear 
- Freedom's Choice – Grape 
- Tree Top – Apple, Apple Berry, Apple Cranberry, Apple Grape, Pineapple Orange 

Removed:

- Food Club – Cranberry, Cranberry Raspberry, Grapefruit 