

## **Counseling**

- I. The Value Enhanced Nutrition Assessment (VENA) process has been integrated into the VISION computer system in the Assessment, as well as the Education and Care areas of the computer navigational tree. Under Assessment, the Nutrition Interview panel contains the interviews with starter/prompt questions to use in the interview process. The Nutrition Education and Care Plan panels are where the counseling topics are documented. In addition, the 3 Step Counseling approach (listen, affirm and educate) is used in combination with the VENA process to enhance a participant centered interview method with targeted counseling interventions.
  
- II. Breastfeeding Counseling. WIC staff will provide information about breastfeeding (unless medically contraindicated), encourage women to exclusively breastfeed for six months and as long as mutually desired by mother and baby, and provide appropriate support for the breastfeeding dyad, especially at time periods critical to breastfeeding success.