

UHT milk — more information

Shelf-stable or ultra high temperature (UHT) milk is a type of milk that does not need to be refrigerated before opening. Keep it in the fridge or use the milk within 2 hours of opening the container. These milks are generally found in the baking aisle at the store.

All UHT milk is in quart-sized containers. The following are WIC-allowed UHT milk:

Skim (fat free) and 1%: Dairy Pure Fat Free, Gossner 1%, Parmalat 1% and Fat Free



2%: Dairy Pure, Gossner, Parmalat



Whole: Gossner, LALA, Parmalat

