

## UHT milk - more information

Shelf-stable or ultra high temperature (UHT) milk is a type of milk that does not need to be refrigerated before opening. Keep it in the fridge or use the milk within 2 hours of opening the container.

The following are WIC-allowed UHT milk:

**Skim and 1%:** Dairy Pure, Gossner, Natrel, Parmalat

**2%:** Dairy Pure, Gossner, Natrel, Parmalat

**Whole:** Gossner, Lala, Parmalat

**Note:** All UHT milk is in quart-sized containers.



**Note:** Different fat percentages may be different colors. Be sure to read the label.