

# Lactose-free milk — more information

Whole milk	
Brand	Size
Essential Everyday	Half gallon
Food Club	Half gallon
Great Value	Half gallon
Kroger	Half gallon
Lactaid	Shelf-stable (UHT) 1 quart
Lactaid	half gallon
Lactaid	3 quarts
Lucerne	Half gallon
WinCo	Half gallon

2% milk	
Brand	Size
Essential Everyday	Half gallon
Food Club	Half gallon
Great Value	Half gallon
Kroger	Half gallon
LaLa	Shelf-stable (UHT) 1 quart
Lactaid	1 quart
Lactaid	Shelf-stable (UHT) 1 quart
Lactaid	Half gallon
Lactaid	3 quarts
Lucerne	Half gallon
Parmalat	Shelf-stable (UHT) 1 quart
WinCo	Half gallon



Essential Everyday



Food Club



Great Value



Kroger



LALA



Lactaid



Lucerne



Parmalat



WinCo

Skim and 1% milk		
Brand	Fat content	Size
Essential Everyday	Skim	Half gallon
Food Club	Skim	Half gallon
Great Value	Skim	Half gallon
Kroger	Skim	Half gallon
Lactaid	Skim	1 quart
Lactaid	Skim	Half gallon
Lactaid	Skim	3 quarts
WinCo	Skim	Half gallon
Essential Everyday	1%	Half gallon
Great Value	1%	Half gallon
Kroger	1%	Half gallon
Lactaid	1%	1 quart
Lactaid	1%	Half gallon
Lactaid	1%	3 quarts
WinCo	1%	Half gallon