

## Skim and 1% lactose-free milk

Allowed

Brand	Fat content	Size
Essential Everyday	Skim	Half gallon
Food Club	Skim	Half gallon
Great Value	Skim	Half gallon
Kroger	Skim	Half gallon
Lactaid	Skim	1 quart
Lactaid	Skim	Half gallon
Lactaid	Skim	3 quarts
Lucerne	Skim	Half gallon
WinCo	Skim	Half gallon

Brand	Fat content	Size
Essential Everyday	1%	Half gallon
Great Value	1%	Half gallon
Kroger	1%	Half gallon
Lactaid	1%	1 quart
Lactaid	1%	Half gallon
Lactaid	1%	3 quarts
Lucerne	1%	Half gallon
WinCo	1%	Half gallon



Essential Everyday



Food Club



Great Value



Kroger



Lactaid



Lucerne



WinCo



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Lactaid	Skim	1 quart
Lactaid	Skim	Half gallon
Lactaid	Skim	3 quarts
Lucerne	Skim	Half gallon
WinCo	Skim	Half gallon

Brand	Fat content	Size
Essential Everyday	1%	Half gallon
Great Value	1%	Half gallon
Kroger	1%	Half gallon
Lactaid	1%	1 quart
Lactaid	1%	Half gallon
Lactaid	1%	3 quarts
Lucerne	1%	Half gallon
WinCo	1%	Half gallon



Essential Everyday



Food Club



Great Value



Kroger



Lactaid



Lucerne



WinCo



## 2% lactose-free milk

Allowed

Brand	Size
Essential Everyday	Half gallon
Food Club	Half gallon
Freedom's Choice	Half gallon
Great Value	Half gallon
Kroger	Half gallon
LaLa	Shelf-stable (UHT) 1 quart
Lactaid	1 quart
Lactaid	Shelf-stable (UHT) 1 quart
Lactaid	Half gallon
Lactaid	3 quarts
Lucerne	1 quart
Lucerne	Half gallon
Parmalat	Shelf-stable (UHT) 1 quart
WinCo	Half gallon



Essential Everyday



Food Club



Freedom's Choice



Great Value



Kroger



LaLa



Lactaid



Lucerne



Parmalat



WinCo



## 2% lactose-free milk

Allowed

Brand	Size
Essential Everyday	Half gallon
Food Club	Half gallon
Freedom's Choice	Half gallon
Great Value	Half gallon
Kroger	Half gallon
LaLa	Shelf-stable (UHT) 1 quart
Lactaid	1 quart
Lactaid	Shelf-stable (UHT) 1 quart
Lactaid	Half gallon
Lactaid	3 quarts
Lucerne	1 quart
Lucerne	Half gallon
Parmalat	Shelf-stable (UHT) 1 quart
WinCo	Half gallon



Essential Everyday



Food Club



Freedom's Choice



Great Value



Kroger



LaLa



Lactaid



Lucerne



Parmalat



WinCo



## Whole lactose-free milk

Allowed

Brand	Size
Essential Everyday	Half gallon
Food Club	Half gallon
Freedom's Choice	Half gallon
Great Value	Half gallon
Kroger	Half gallon
Lactaid	Shelf-stable (UHT) 1 quart
Lactaid	Half gallon
Lactaid	3 quarts
Lucerne	Half gallon
WinCo	Half gallon



Essential Everyday



Food Club



Freedom's Choice



Great Value



Kroger



Lactaid



Lucerne



WinCo



6/24/2024

## Whole lactose-free milk

Allowed

Brand	Size
Essential Everyday	Half gallon
Food Club	Half gallon
Freedom's Choice	Half gallon
Great Value	Half gallon
Kroger	Half gallon
Lactaid	Shelf-stable (UHT) 1 quart
Lactaid	Half gallon
Lactaid	3 quarts
Lucerne	Half gallon
WinCo	Half gallon



Essential Everyday



Food Club



Freedom's Choice



Great Value



Kroger



Lactaid



Lucerne



WinCo



6/24/2024