

Lactose Free Milk - Utah WIC Allowed

Whole Milk	
Brand	Size
Essential Everyday	Half Gallon
Food Club	Half Gallon
Great Value	Half Gallon
Kroger	Half Gallon
Lactaid	UHT 1 Quart
Lactaid	Half Gallon
Lactaid	3 Quart
Lucerne	Half Gallon
WinCo	Half Gallon

2% Milk	
Brand	Size
Essential Everyday	Half Gallon
Food Club	Half Gallon
Freedom's Choice	Half Gallon
Great Value	Half Gallon
Kroger	Half Gallon
LaLa	UHT 1 Quart
Lactaid	1 Quart
Lactaid	UHT 1 Quart
Lactaid	Half Gallon
Lactaid	3 Quart
Lucerne	1 Quart
Lucerne	Half Gallon
Parmalat	UHT 1 Quart
WinCo	Half Gallon



Essential Everyday



Food Club



Freedom's Choice



Great Value



Kroger



LaLa



Lactaid



Lucerne



Parmalat



WinCo

Fat Free/1% Milk		
Brand	Fat Content	Size
Essential Everyday	Fat Free	Half Gallon
Food Club	Fat Free	Half Gallon
Great Value	Fat Free	Half Gallon
Lactaid	Fat Free	1 Quart
Lactaid	Fat Free	Half Gallon
Lactaid	Fat Free	3 Quart
Kroger	Fat Free	Half Gallon
Lucerne	Fat Free	Half Gallon
WinCo	Fat Free	Half Gallon
Essential Everyday	1%	Half Gallon
Great Value	1%	Half Gallon
Lactaid	1%	1 Quart
Lactaid	1%	Half Gallon
Lactaid	1%	3 Quart
Lucerne	1%	Half Gallon
Kroger	1%	Half Gallon
WinCo	1%	Half Gallon



Utah Department of
Health & Human
Services



UTAH | WOMEN, INFANTS & CHILDREN

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